

Privacy policy - MultiLife Diet

Last updated: March 1, 2022

Your personal data Administrator is:

Diet and Wellness sp. z o.o., a limited liability company with its registered office in Warsaw, at ul. Modelowa 3, 02-797 Warszawa, entered in the Register of Entrepreneurs kept by the National Court Register under the number KRS 0000440420, NIP (Tax Identification Number) 5252544624 and REGON (National Business Registry Number) 146412710; (hereinafter referred to as: Diet and Wellness or Administrator).

Risk analysis:

The personal data Administrator conducts a risk analysis to ensure that personal data is processed in a safe manner - ensuring, above all, that only authorized persons have access to the data and only to the extent that it is necessary due to the tasks they perform.

The Administrator also takes all necessary steps to ensure that its subcontractors and other cooperating entities guarantee the application of appropriate security measures in each case when they process personal data on behalf of the Administrator.

Why is your personal data processed:

We process your personal data while maintaining the principle of minimizing the scope of personal data processed. We process your data for the following purposes:

- in order to fulfill the obligations and exercise the rights under the contract for the provision of MultiLife Diet services - the legal basis for processing is the necessity of processing to perform the contract (Article 6 (1) (b) of the GDPR - Regulation of the European Parliament and of the Council (EU) 2016/679 of 27 April 2016 on the protection of individuals with regard to the processing of personal data and on the free movement of such data, and repealing Directive 95/46 / EC.); in the scope of processing special categories of personal data - health data - the basis for processing is your consent (Article 9 (2) (a) of the GDPR);
- in order to fulfill the statutory obligations incumbent on the Administrator, resulting in particular from tax and accounting regulations - the legal basis for processing is the legal obligation (Article 6 (1) (c) of the GDPR);
- for analytical and statistical purposes - the legal basis for processing is the Controller's legitimate interest (Article 6 (1) (f) of the GDPR) consisting in analyzing the activity of Users of MultiLife Diet services - we do not process health data for this purpose;
- for purposes resulting from the legitimate interests pursued by the Administrator (Article 6 (1) (f) of the GDPR), in particular for analytical and statistical purposes, as well as for the possible determination and pursuit of claims or defense against them, consisting in the protection of his rights - we do not process health data for this purpose;

- If you have consented to the processing of personal data for marketing purposes, Diet and Wellness processes personal data for this purpose, i.e. in order to send you marketing information and offers about its products and services (Article 6 (1) (b) of the GDPR).

Information on categories of personal data recipients:

Your personal data may be disclosed or made available solely to:

- employees and associates of Diet and Wellness who have been authorised to process personal data as part of their employment-related duties,
- entities which act as intermediaries in using our services based on your instructions,
- providers of technical and organisational services for Diet and Wellness, in the scope necessary to render these services, however only in the scope of authorisations and entrustments, in particular: providers and other entities specialising in providing technical maintenance of telecommunication systems, accounting companies providing accounting services, law firms providing legal consulting and representation services, transport companies, et cetera;
- other entities entitled by law.

Transmitting personal data to third countries or international organisations:

Diet and Wellness does not transfer your personal data to any recipients outside the European Economic Area (i.e. European Union plus Iceland, Norway and Liechtenstein).

How long will your personal data be stored:

Diet and Wellness will be processing your personal data:

- in terms of the implementation of the concluded contract - until its completion, and after that time, for the period required by law or for the implementation of any claims;
- in the scope of fulfilling the legal obligations incumbent on Diet and Wellness in connection with running a business and the implementation of concluded contracts - until Diet and Wellness fulfills these obligations;
- in the field of direct marketing based on your consent - until the consent to such processing is withdrawn;
- until the legitimate interests of Diet and Wellness that constitute the basis for the processing of personal data are fulfilled or until you object to such processing, unless there are legitimate grounds for further data processing.

You are entitled to:

file an application (concerning personal data) for:

- granting access to your personal data;

- providing you with information about what data is stored about you and for what purposes it is processed;
- rectification of personal data;
- objecting to data processing;
- deletion of data, except for cases specified by the GDPR;
- restriction of the processing of personal data;
- transfer of personal data to another administrator.

You can use the above rights by filing the application by email to the following address: daneosobowe@multilifediet.pl

Please provide your credentials when contacting us to confirm you are the person entitled to file the application.

If you believe that the provisions on the protection of personal data have been violated in connection with the processing of your personal data, you have the right to lodge a complaint with the supervisory authority.

Automated decision-making:

Your data will not be subject to any automated decision-making. Your personal data will not be used for profiling purposes without your prior explicit consent.

Complaints related to processing your personal data:

You can file a complaint to the President of the Personal Data Protection Office if you believe that your personal data is processed in an illegal manner.